## **REVISION WORKSHEET 1**

- 1. Good personal hygiene keeps me healthy and clean.
- 2. We must cover our mouth while coughing and sneezing.
- 3. We should drink a good amount of water everyday.
- 4. It is necessary to have a sleep of eight to nine hours daily.
- 5.We must care of our nails by clipping them regularly so that the <u>dirt does not</u> gather inside .
- 6. Sports keep our heart healthy and fit.
- 7. Sports that are played in open air are called outdoor sports.
- 8. Badminton is an Outdoor game.
- 9. Sports helps build stronger muscles.
- 10. We perform some arts in front of an audience.
- 11. The word 'drama' is a Greek word, meaning action.
- 12. Puppetry is a form of performing art where a person moves the puppets.
- 13. Performing arts help us increase our confidence.
- 12. <u>Magic</u> Is one of the oldest types of performing art.