Moral Science

Lesson -3

Table Manners

Note: Dear students kindly refer your Moral Science text book (page no. 13, 14,15) and write down following exercises in your note book or text book.

Exercises

A. <u>Answer the following questions:</u>

Q1. Why should you follow table manners?

Ans: We should follow table manners to be healthy and make good impression on others.

Q2. When should you wash your hands?

Ans: We should wash our hands before and after meals.

Q3. Should you have your meals while lying in bed?

Ans: No, we should not have our meals while lying in bed.

Q4. How can you avoid wasting food?

Ans: We can avoid wasting food by taking as much food required.

B. Fill in the blanks:-

1. Always wash your hands with <u>soap</u> before and after every meal.

- 2. Do not <u>talk</u> when you are eating your food.
- 3. When you can't eat, you have to throw the <u>leftover</u> food.
- 4. Leave the <u>dining table</u> with other.

C. Fill in the letters to complete the words:-

- 1. TABLE. 5. MANNERS.
- 2. F<u>OO</u>D. 6. M<u>EA</u>L.
- 3. A<u>L</u>W<u>A</u>YS. 7. P<u>EOP</u>LE.

4. H<u>A</u>B<u>I</u>T.

8. P<u>O</u>ST<u>E</u>R<u>S</u>.

D. Write 'Yes' or 'No':-

1. It is important to know and follow table manners.	<u>Yes</u>
2. It is good to wash hands with soap before meal.	<u>Yes</u>
3. Feel free to eat, shake legs and watch TV.	<u>No</u>
4. It is awkward to open your month while chewing food.	Yes

E. Write any four table manners :-

- 1. Always wash your hands before and after every meal.
- 2. Do not talk when you are eating your food.
- 3. Do not make sound while eating.
- 4. Do not take more food than you can eat.