

E-Edition

NEW HORIZONS

2021-2022



ST. ARNOLD'S
HIGHER SECONDARY SCHOOL

74-C-, Vijay Nagar, Indore-452010 (M.P.)

SCHOOL PATRON



St. Arnold Janssen

A PLEDGE AND A PRAYER

In the name of the God of Creation, We pledge



- .. to use sanitizer
 - .. to stop shake hands and hugs
 - .. to protect others and oneself thus
 - .. to reject unwanted travels and stop its abuse
 - .. to keep social distancing and renounce gatherings
 - .. to love mother earth and stop her undue exploitation
 - .. to keep clean environment and refrain from plastic culture
 - .. to live more simply and reject consumerism
 - .. to preserve life and maintain good health
 - .. to protect our own family and all denizens
 - .. to remain healthy and make India FIT
- fulfill our pledge.

Editorial Committee

The President's Message...

**ST. ARNOLD'S HIGHER SECONDARY SCHOOL,
VIJAY NAGAR, INDORE**



HORIZON

It is a delight for me to know that the E-edition of the New Horizon is ready for release. Being an integral part of the school for the past many years, it is with a sense of immense joy and gratitude to God I see the prodigious strides the school has taken to grow as a school of excellence, well sought after by parents for quality and value based education in the city of Indore. I congratulate the management and the staff for the dedicated service they are rendering to the school over the years.

The students who join St. Arnold's find themselves rooted in value based life with disciplined quality education and come out of the school with wings to fly high with self-confidence. The school magazine provides ample opportunities to enhance the literary and artistic skills of the students.

May God bless all your endeavours.

Fr. Joemon James SVD

President, Divine Word Society



The Manager's Message...



I am extremely glad that St. Arnold's Hr. Sec. School, Vijaynagar is bringing out its annual magazine in E-form. The institution is proud to do so since the pandemic which brought most of the school activities to a standstill. It has been testing time for all of us when for almost two years the campus seemed to be lifeless where once it used to be booming with energizing and creative activities apart from the academics. The war like situation seems to be over and yet the danger remains. At the same time the show must go on. St. Arnold's has not left any stone unturned in finding out apt ways and means to break through the shadows of the pandemic and bring in rays of light to all who belong to this institution.

I am reminded of a story that speaks of a young mind and how the person looks at Corona as a feast. Well, a very young mind can be expected to make such a mess. We have experienced in our class rooms as well as in the campus that learning was terribly affected which was a universal phenomena. The situation seemed to improve and then lo and behold the danger of Omicron loomed over us. The frightening memories of the second wave are fresh in our mind since we have seen its terrible effects. I believe that in spite of challenges and the dangers that we are to face, God the Almighty has empowered us to fight and over come every odd. And so we have no reason to be afraid of and give into our fears but become proactive and pursue our goals.

This E-magazine is one of those many efforts to continue to sing the song; we shall overcome any hurdle because we believe in God's given power. I appreciate the efforts taken by the Literary Committee that has made very good effort bringing out this school magazine and all who have generously contributed to its efforts. My wish is that it reaches to all our students, staff and stake holders. God bless St. Arnold's Higher Secondary School, Vijaynagar, Indore.

Fr. John Wakhla SVD

Manager: St. Arnold's School, Vijaynagar.



From The Principal's Desk



With the advent of Covid-19, the entire humanity has undergone tremendous changes in all walks of life. As per the joint statement by the WHO, ILO, FAO and IFAD, “The COVID-19 pandemic has led to a dramatic loss of human life worldwide and presents an unprecedented challenge to public health, food systems and the world of work. The economic and social disruption caused by the pandemic is devastating: tens of millions of people are at risk of falling into extreme poverty, while the number of undernourished people, currently estimated at nearly 690 million, could increase by another 132 million by the end of the year”.

According to UNSECO more than 1 billion children are at risk of falling behind due to school closures aimed at containing the spread of COVID-19. To keep the world's children learning, countries have been implementing remote education programmes. Like any other school, we too have been very comfortable with conventional mode of education until April 2019. The pandemic and the lockdown created a great challenge to all the teaching fraternity. We were paused with a dilemma but our team work and creative ideas bore fruit and we were able to start up from pdf, to video links, live classes and now to hybrid classrooms. As it is well said “every challenge, every adversity, contains with it the seeds of opportunity and growth”.

Our attempt to publish an E-magazine is an outcome of newer ways of start up in the post covid scenario. Every one will get an easy access to the content as most of us spend a lot time in online. It will create reading habits among the students and it will be an inspiration for others to write and exhibit their talents. We will have ample opportunity to share the E-Magazine with friends, family members, well wishers etc.

I proudly present the first edition of our school E-Magazine. The pandemic might have compelled us to stay indoors, but it hasn't curtailed the creative and innovative ideas of the students and the staff. It is bright and beautiful and offers a ray of hope and sunshine amidst the darkened ways of the Covid-19 and Omicron Pandemic. My sincere appreciation and congratulations to all the members of the editorial board both staff and students and also the passionate contributors.

Fr. Pious Cyriac, SVD



The Headmistress's Message

"Trust the Lord and He will help you. Walk straight in His ways and put your hope in Him."

Amidst nature's fury, covid 19 pandemic, financial crisis, violence and hatred, God has been with us guiding, strengthening and protecting us all throughout the year 2020-21.

Education is the process of facilitating learning, or the acquisition of knowledge, skill, values, beliefs and habits. The function of education is to teach every student to think intensively and critically. Intelligence plus character- is the goal of true education.

We believe that students are the centre of our school community. We believe it is important to create a positive connection between the students, the school, and home. This positive connection helps to build a warm, caring and self learning environment where children have the opportunity to reach their highest potential.

We continue to count on your valuable co-operation and solid encouragement in the smooth running of this educational institution. Our school aims to give holistic development to every child. It's our responsibility to take care of the future generation of our country. And let's do it together.

It is said, "A journey of a thousand miles begins with a single step". So never lose hope and sit down in vain, instead get up and get going.

Sr. Sarita D'Cunha, FSMA



EDITORIAL

“You can always edit a bad page. You can't edit a blank page.” Says Jodi Picoult – an American writer whose books have been published in 34 languages and 40 million copies are in print worldwide. So start writing, no matter what. The water does not flow until the faucet is turned on. As Ernest Hemingway puts it, “We are all apprentices in a craft where no one ever becomes a master.”

Ever since Covid-19 pandemic began spreading its tentacles 'school life' has hit the bottom. Our children who are agile and cheerful by nature have been missing the joys and thrill of school life, games, the ever cherished encouraging pat of a teacher and the excitement of relishing 'lunch boxes' on the school ground basking in the sun.

But above all, what has taken a back seat, is the ability to write and express skillfully and the reading habits.

It is in this context that the school has decided to bring out the **e-version** of our school magazine New Horizons. We hope that this venture will go a long way in rejuvenating both the writing skills and reading habits among students. We specially dedicate this first edition of the school e-magazine to all those students who lost their parents, to those parents who lost their lives battling against the pandemic and to the entire medical fraternity for their undaunting spirit and service. We are also grateful to our adorable parents for their constant co-operation inspite of the crisis caused by the pandemic.

With immense joy we present to you the first edition of our school **e-magazine** – NEW HORIZONS. As you browse through it you will laze in the myriad forms of self expressions of which a few are adapted. I am grateful to the enthusiastic editorial team for their unflinching support and co-operation. Let me conclude with the words of Francis Bacon “Reading makes a full man, conversation a ready man and writing an exact man.”

Thankachan V T
Chief Editor



EDITORIAL COMMITTEE



The Visionaries



Fr. John Wakhla SVD
Manager



Fr. Pious Cyriac, SVD
Principal



Sr. Sarita D'Cunha, FSMA
Headmistress



Sr. Kusum, FSMA
Pre-Primary Incharge



Fr. Robert Baptista, SVD
Counsellor



Fr. Francis Mohan, SVD
Treasurer

Independence Day Celebration



Performing Social Responsibilities



Serving the nation and Mother Earth



Be the change you want to see in the world
- Mahatma Gandhi



Investiture Ceremony - Secondary



Investiture Ceremony - Secondary



Investiture Ceremony - Secondary



Investiture Ceremony - Primary



Investiture Ceremony - Primary



Christmas Celebration



Christmas Celebration with Parents



Christmas Celebration with Parents



SILVER JUBILEE CELEBRATIONS



SILVER JUBILEE CELEBRATIONS





**TEACHER'S
REPRESENTATIVES
2018-2019**



**TEACHER'S
REPRESENTATIVES
2019-2020**



**TEACHER'S
REPRESENTATIVES
2021-2022**

VIDHYAARAMBH - 2021-2022



...“What we do to others will come back to us in dividends”

I, once read somewhere, “what we do to others comes back to us in greater dividends.” This sentence changed me completely and it gave me great strength. Many times when you work hard and try to succeed, You come across people who try to bring you down and hamper your image. But we should learn to forgive and work for our soul as it is the most beautiful part of us. God watches us and gives us the best fruit of our hard work.

It is mentioned in the Bible that Jesus, the son of God, loved everybody but what did the people do with Him? Still he forgave them saying “Forgive them Father! They don't know what they are doing .(Luke 23:34) Our suffering and hard ships are nothing in front of what He went through.

Once there was a king who had four wives, he loved all his wives but the fourth wife was the one that he adored the most. He always adorned her with the finest delicacies. He provided her with the best things. His third wife was really beautiful and he loved to show her off to neighbouring kingdoms. His second wife was very kind, patient and considerate. Whenever the king faced some problems in taking decision, He would go to her and she would help him get through that decision. The first wife was a very loyal partner and was instrumental in maintaining the king's health and wealth. But the king was very ignorant towards her. He hardly took notice of her. One day the king fell ill and he knew that he was going to die soon. He wondered, I know I have four wives but when I die will be all alone”. He called his fourth wives and asked “I” loved you the most, when i die will you follow me to keep me company ? The wife said “No”, turned back and went away. His heart was broken into pieces .Sadly he called his third wife and said “I am going to die, will you come with me? To that she said “ No way, the moment you die, I am going with somebody else “. She turned her back and went away. He called his second wife and asked her the same question .She said ,I am sorry that you are dying. But I can come up to your cemetery, I will be with you until there”, Then from behind he heard a voice , I will come with you ,No matter where you go .The king said to his first wife ,I should have taken care of you when I had the chance” .

The truth is we all have those four wives in our lives. The fourth wife represents our body. The whole life we try to make it, look good but it will leave us when we die. The third wife represents our wealth and status. When we will die it will go to others. The second wife represents our family and friends who can only come up to the grave. The first wife represents our soul, it is always there, but unnoticed. It is only the soul that will follow us. It is the dearest and the most important one but it is ignored and one often realises it only at the end of life.

Now is the time to strive spiritually, change yourself, before the oil of life is completely lost. People often try to degrade and spoil your image in front of the whole world when you strive to succeed. But it is your duty to keep working in the name of God and do good to others, even to the person who criticizes you. We should learn to forgive because what we do to others will come back to us in dividends.



Mrs. Jyoti Sebastian

“ शिक्षकों का अमूल्य योगदान ”

“ कठिन परिस्थितियों में भी शिक्षा का दीप जलाते हैं शिक्षक, और समाज को एक नई दिशा देते हैं ”।

समाज निर्माण में शिक्षकों की महत्वपूर्ण भूमिका होती है । कठिन दौर से जूझते हुए शिक्षक समाज को एक नई दिशा प्रदान करते हैं । देश और समाज को उच्च शिक्षित बनाने में शिक्षकों का बहुत बड़ा योगदान रहता है। आज के कठिन दौर में शिक्षकों ने नई दिशा में कदम रखकर विद्यार्थियों को ऑनलाइन कक्षाओं में पढ़ाया ,उन्हें तकनीक ज्ञान कराया ,शिक्षकों के सामने बहुत सारी चुनौतियां थी उनका उन्होंने संयम से सामना किया ।आज भी शिक्षक अपना अमूल्य योगदान दे रहे हैं ,और अपने लक्ष्य को पूरा कर रहे हैं आज के समय में शिक्षक बच्चों को तकनीक के आधार पर ज्ञान दे रहे हैं, उन्हें इस कार्य में कई परेशानियों का सामना भी करना पड़ रहा है ,किंतु वे हर समस्या का समाधान धैर्यता और संयम से करके बच्चों के भविष्य के बारे में सोच रहे हैं किसी भी देश या समाज के निर्माण में शिक्षा की अहम भूमिका होती है । और इसी कारण शिक्षक का दर्जा समाज में सम्माननीय रहा है । शिक्षक आज के कठिन समय में भी, विद्यार्थियों को सही दिशा दिखा रहे हैं, इसलिए कहा गया है कि शिक्षक ही समाज की आधारशिला है। आज के कठिन समय में डॉक्टरों ने जो अमूल्य योगदान देकर जनता की सेवाएं की, उन्होंने भी अपने शिक्षकों से ही सब कुछ सीखा, उनकी नींव शिक्षकों ने ही मजबूत की है। शिक्षक एक मोमबत्ती रूपी ज्ञान का उजाला है, जो लोगों को अंधेरे से निकालकर प्रकाश की ओर ले जाते हैं, शिक्षक ही वह मजबूत ताकत है जिससे हम समाज को सकारात्मक बदलाव की ओर ले जा सकते हैं ।आज बच्चों और युवा वर्ग को अपने भविष्य की चिंता है। शिक्षक उन्हें संघर्ष करके आगे बढ़ने की प्रेरणा दे रहे हैं ,उन्हें संयम रखकर शिक्षा दे रहे हैं । आशा है आने वाला कल उनका सुनहरा होगा शिक्षकों का अमूल्य योगदान कभी भी भुलाया नहीं जा सकता ।।

प्रेमलता जॉर्ज (शिक्षिका)

कोरोना प्रोटोकॉल

धरा पर बन आई विपदा की पीड़ा, आज बन गई मानव कि यह दर्द लीला ।

कहाँ गए वह दिन जब चहचहाते बच्चे खेला करते थे

वीरान हो गए विद्यालयों के वे , मैदान जहां हमारे प्यारे बच्चे खेला करते थे।

दुनियाँ लगने लगी बिना खुशियों का मेला ।

बाजारों की तो रौनक ही नहीं, रही कैसी चली महामारी, थम सी गई संसार की खुशियाँ, बस मास्क में महफूज है, सांसे सकल संसार की । फैला ऐसा कोरोना का कहर डर है, बहुत आठों पहर भय से, पूछते हैं हमारे नन्हे बालक, कब आएंगे हम विद्यालय, घरों में कैद होकर अब हमें नहीं रहा जाता, विधाता अपने विधान को तो बदलो, करो इस कोरोना काल का खात्मा। लौटा दो परमात्मा हमारी खुशियाँ, हमारे बच्चों की रौनक , विधाता लौटा दो हमारी खुशियाँ ॥

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प्रेमलता जॉर्ज (शिक्षिका)

WORTH PONDERING ABOUT

WATER

Grandfather saw it in a river.

Father saw it in a well.

We saw it in a tap.

Our children see it in a bottle.

Where will our grand-children see it?

In a capsule??



If we still neglect,

It will be seen only

in TEARS

WINNING IS NOT AS IMPORTANT AS PARTICIPATING

In today's competitive world, everyone is eager to win the race. No one is ready to accept failure in life. But, they don't realise that winning is not important but participating and learning is. Winning is not everything, but there is a need to measure one's performance. Every competition is an opportunity for self introspection and improvement no matter you win or lose. But your participation matters a lot because doing your best is more important than being the best. All the participants cannot be winners but when you decide to participate, you are gifting yourself with a golden opportunity for showcasing your talents in front of everyone. It's a great chance to understand your own strengths and weaknesses and it helps you to take proper measures to correct your own mistakes and explore yourself to get the best out of you next time. When your emphasis is only on winning, unconsciously you are developing a fear for failure. Each failure is an experience and let's learn to celebrate our failures more than our success. This attitude will definitely boost your confidence and make you more mature in dealing with problems.

If you keep on participating in different events then surely one day you will get the result of your hard work. We all are aware of the creed or the guiding principle of the Olympic Games which according to Baron de Coubertin - the founder of Modern Olympics is ,” the most important thing in the Olympic Games is not winning, but taking part”. Thus, we can say that the essential thing in life is not conquering but fighting well.'

We should be ready to face all kinds of challenges and hurdles which come in our way. Participation provides us a platform to challenge ourselves. We learn new things and develop various skills after taking up the challenge.

The whole journey of the competition is just a process, not an endpoint. You just have to keep on learning from your experiences as life is not just a series of calculations or statistics, it's about experience, it's about participation.

Therefore just focus on what you've learned and how to keep on improving because winning is for ego but participation has a value for life.
So today if I win, I win. If I don't, I learn.

Anushka Chaurasia
Class - XII

MATHS - FACTS AND FUN

Hello! I am Mr. Maths. Today I am going to share some interesting facts. The Greek Mathematician Archimedes is widely considered to be the "Father Of Mathematics". Do you know anything about my origin? Some people say I was invented in Mesopotamia by Sumerians in 3000BC. In India, Aryabhata in 500 AD gave various rules of calculation for astronomy and mathematical mensuration. So you can see I have a rich history. But what is more interesting to know is some hidden facts about me and my family of algebra, calculus, geometry, trigonometry and my other friends. Let me share some with you.

1. Every odd number has "E" in it.
2. The word 'Hundred' comes from the old Norse term "Hundrath" which actually means 120 and not 100.
3. "Forty" is the only number spelled with letters arranged in alphabetical order.
4. There is only one number with letter "A" in it from 0 to 1000 and that is 1000 (one Thousand)
5. "One" is the only number which is spelled with letters arranged in descending order.
6. "Four" is the only number in English which is spelled with the same number of letters as the number itself.
7. Zero is not having its representation in Roman Numerals
8. When you multiply 11, 11, 11, 111 with 11, 11, 11, 111 the result is 12, 345, 678,987, 654, 321.
9. 10 factorial (10!) is actually equal to exact 6 weeks.
10. Opposite sides of a dice always sum up to seven (7).
11. If you add all numbers from 1-100 then the answer is 5050.
12. If shapes of same perimeter are considered, then circle has largest area.
13. If shapes of same area are considered, then circle has shortest perimeter.
14. We all love PIZZA. Actually Pi and Pizza are connected. If a pizza with radius of (z) and height of (a) is taken then the volume will be: $\pi \times z \times z \times a$

Isn't that funny? Well actually mathematics is fun with so many facts . After reading these facts and fun. I am sure Mathematics will now no longer be 'Uncool' but now Mr. Maths is actually 'Cool' and fun to be with.

DESHNA SHRIMAL
VIII A

BE FEARLESS

Be fearless
To love what you like
To wear what you feel
comfortable
To express what you think
To share what you feel
To be yourself
To be who you are
To be unique
To be special!!!

Deshna Shrimal
VIII

I LOVE YOU DAD

Yours arms are my shelter,
Assuring me that it will be better.
Your hand is my comfort
Lifting me up when I fall short.
Your voice makes me strong
Teaching me what's right and wrong.
Your smile says it all
Dad, I love you more than all.

YASHIKA JANGID
CLASS III

HEALTH IS WEALTH

It is said that when wealth is lost something is lost but when health is lost everything is lost.



Yes, my dear friends, if we are hale and hearty we can toil hard to achieve

anything we desire but if we are not healthy we cannot perform our work wholeheartedly because our willingness to work is not supported by our ill health. But the question arises how to maintain sound health in the present scenario where everywhere we are surrounded with ready to cook meals and sophisticated lifestyle equipments.

Definitely we can, if we are willing to and this requires self-consciousness. If we care for our body the body will care for us. This requires not only having a balanced diet but also sufficient intake of water, sound sleep and physical exercises. If we observe we will find that all people who are successful are fit so we can say that success and fitness are closely related.

Fitness is the need of the hour. But with technology, physical activity has greatly been reduced and now we have come to a stage where we count our steps on a mobile app. There is a surge in diabetes and hypertension cases and other lifestyle diseases. We hear sometimes 12 or 15 year old suffering from diabetes or a 30 year old from heart attack. Realising the importance of being fit our prime minister Mr. Narendra Modi launched the Fit India Movement to encourage the citizens of Mother India to be fit and healthy because if the body is fit, the mind is fit and then success will be all yours.

Submitted by – KANISHK UPADHYAYA
CLASS – 'X' D



Farewell to Mrs. Mary Thomas

THE FIVE PHASES OF LIFE

The childhood of our life
Is as beautiful as a beehive
It is all about fun
And to care about none.

Then comes the adolescence
In which we lose our sense
In which we are all non-sense
And the result is always hence.

And here comes the adulthood
In which we feel nothing good
In which our life is a nine to five job
And we always feel to sob.

Here standing in line is the middle age
A time when we save our income
Always to live for others
And to cut our dreamy feathers.

And the last is our old age
Which is nothing but a golden age
In which we feel like going back to our childhood
And to play freely in the woods.

Aarushi Betaniya
CLASS X A

MOON LIGHT

At the end of the day,

The sun says goodbye.

Out comes the moon to light up the sky.

Up above and so far away Mr Moon with
whom do you play?

My friends, the stars that twinkle bright.

So many of them throughout the night!

ASHUTOSH KADAM

Class III

HOW MANY CROWS ARE THERE IN THE CITY ?

Akbar once put a question to his court that left everyone puzzled. As they all tried to figure out the answer, Birbal walked in and asked what the matter was. And so they told him the question, 'How many crows are there in the city?' Birbal immediately smiled, went up to Akbar and announced that the answer to his question was twenty one thousand five hundred and twenty-three. When asked how he knew the answer, Birbal replied, Ask your men to count the number of crows. If there are more, then the crows' relatives from outside the city are visiting them. If there are fewer, then the crows are visiting their relatives outside the city. Pleased with the answer, Akbar presented Birbal with a ruby and a pearl chain.

Moral of the Story: Having an explanation for your answer is just as important as having the answer.

KARTIK SHRIVASTAVA
Class - VI

HARD WORK

Hardwork is not just a word but rather it is an attitude. Everyone on this Earth, A doctor or an Engineer, a Student or a teacher is indulged in some or the other work and do it with passion. But does everyone succeed in life?

The answer to this question is a straight and simple No! this is as only a handful of people are obliged and determined towards their goal. It is not that the person who is very determined will not face the bitter taste of failure. Thomas Alwa Edison, the inventor of light bulb once said, " I have not failed a hundred times rather I have found several ways how not to make a light bulb." This is the positive attitude and this type of thinking is a motivation for ourselves which motivates to give our 100% in any work. Opportunities are often disguised as Hard Work, and thus most of the people don't recognize them. Discomfort, Hard work, Struggles and setbacks all are indicative of the fact that you are trying and triumph starts with a try. Everyone has idols in his life and we should work so hard that our idols become our competitors.

"The best view comes from the hardest climb and it gives the prolonged relief."

OUR WORLD

When this world was made,
It was so neat and clean.
How can mankind be so mean?
The ponds and rivers flow so free,
But clean again they will never be.
They sky and clouds were a scene to be seen,
Now it is a struggle to keep them clean,
Stop pollution reduce wastage,
Save nature and protect mother earth.
Or else, you will brush your teeth,
With the best toothpaste.
But rinse your mouth,
With industrial waste.
Let's save the earth in haste....

SHRUV GANTAYAT

CLASS VII A

A GIRL'S WISH

Let me live, let me bloom
Let me shine, like the beautiful moon
Let me come and see this world
Let me soar high like a bird.
Don't be so cruel or be selfish
Let me swim like a colourful fish
Listen to my cry, listen to my screams
Let me fulfil my wishes and dreams

SOMYA VERMA

Class - VII

ME AS A TEENAGER

Teenagers are passing through that phase of their life they neither qualify as adults nor as children.

I am a teenager. I am a challenge but I am worth it. With depression, elation, pimples, fine hair style, attitude, fear, shyness, ambition, mischiefs, different, confident and yet insecure....

A world of contradiction!!!. I am at an age of non-conformance, while trying very hard to socially conform, a rebel, looking for a cause.

The world looks unfair, the rules twisted... a conspiracy I cry out—"they are not letting me grow and develop and be myself." "They", an all-encompassing 'Anyone' who dares to tell me. What to do. Don't tell me the rules, I make the rules.' No one understands me only I know 'Me'.

I live in a 'my self-absorbed world.' If you understand me then you are my best friend for life. If you don't then you are forever an outsider. I want to belong but to a group I choose. I want to be loved and admired and most of all respected.

This is the age where if you want I respect, then you have got to respect me first. But I am also insecure inside and I need help and support. I need someone to encourage me.

I need a source of inspiration and those around me need to help me. I am the future and I will change the world. A fire burns brightly inside me; I just need someone to see it.

My body is changing; my world is in a flux, I need direction without control. I need love without pampering, I need advice without patronizing, I need rules with enough choice, I need boundaries with respect.

Don't be a parent, be a mentor. Don't be an enforcer, be a guide. Don't be a mate, be a friend, tell me what, why and how? Explain to me, make me understand and understand. Give me confidence because I have a lot to say.'

AANCHAL TEMLEY

12th C

MY MOM

You are the sunlight in my day.

You are the moon I see far away.

You are the tree I lean away.

You are the one that makes trouble gone.

You are the one who taught me life.

You are the one to show me what is right.

You are the one , who cares for me,

You are the eyes that help me see.

You are the one, who knows me best,

When it's time to have fun or rest.

You are the one, who helps me dream

You are my love, my life, my queen.

AARNA GOYAL

CLASS IV E

AKBAR AND BIRBAL

Once the Emperor Akbar asked Birbal, “Birbal, what is the distance between truth and falsehood?” “Four fingers” Birbal replied. The Emperor could not understand. He asked “How is it so”? Birbal said “Your Majesty, what we see with our own eyes is true and what we listen with our ears is false, there is a distance of only four fingers between our eyes and ears.” The Emperor was very happy with Birbal's cleverness and rewarded him.

Aashi Mishra
Class XI A

GURU: NOT A TEACHER BUT AN AWAKENER

The full-moon day in the month of Ashada, is celebrated as Guru Purnima. On this day, disciples come together to express their gratitude to their beloved Guru, venerated as the embodiment of sage Veda Vyasa. We worship Vyasa as an apostle of truth and wisdom, for having systematized the divine utterances in the form of the four Vedas, the eighteen Puranas and the Mahabharata. Guru Purnima is a special occasion to commemorate Vyasa's service to humanity and to resolve to follow the path of learning and knowledge.

Indian tradition believes in the importance of establishing a strong guru-shishya relationship; only then can the seeker attain truth and divine wisdom. According to the Taittiriya Upanishad, 'guru' is considered to be the first letter or the purvarupa of the alphabet and disciple, the last letter or the uttararupa. Wisdom is their meeting point or vidyasandhi. The teachings and discourses of the guru constitute the link. The gurushishya Parampara goes beyond mere padantic or doctrinal learning. As the late Swami Kuvalayananda said, “Very often philosophical gymnastic is mistaken for spiritual knowledge. It is to be remembered, however, that no intellectual conviction or philosophical training will take an individual even a whit nearer the Lord; practical experience in the sublime regions of adhyatma alone count”.

The term guru should not be confused with acharya or upadhyaya. An acharya is one who performs ritual ceremonies and an Upadhyaya, a formal teacher of wordly and practical arts. Acharyas and upadhyayas can be as many as there are rituals to be performed and arts to be learnt. They could be called shiksha gurus. The diksha guru, however, imparts instructive knowledge and guides the disciple to a deeper understanding of healthy living, and shows him the path of self-realisation. Osho, while explaining the role of a guru says, “the role of a guru is to give you a glimpse of the real – not a teaching but awakening. The guru is not a teacher, the guru is an awakener.”

The etymological meaning of the term guru conveys the same idea. The syllable 'gu' stands for darkness and 'ru' for light. The one who takes us from darkness to light is said to be a guru. Disciples live together at the ashram of a guru, where they learn the importance of austerity and devotion by serving the guru. All great masters have had their gurus. Even Lord Krishna, who is regarded as Jagadguru, sat at the feet of Guru Sandipani. The guru shares his being with his students. He initiates the disciple into a path of learning which suits the seeker's temperament and capability. A worthy shishya should, therefore, listen to and respect diverse points of view, even while remaining loyal to his diksha guru.

The absence of a guru, though, does not preclude learning and wisdom. Indian tradition regards whatever is visible in nature – the diverse objects of the universe – as replicas of the supreme guru. This is described beautifully in the dialogue between Yaduraja and Avadhut, in the Shrimadbhagwatpurana, wherein 24 principal objects are considered to be the gurus from whom Dattatreya could learn the lesson of Truth. The allegorical lesson being that the guru, the embodiment of divine wisdom, is all pervasive. We, therefore, need to appreciate the beauty of natural phenomena and live simply before we can expect to find a Satguru.

A guru can only guide us along the path of learning; the effort and the path of toil has to be the disciple's. In a way, you are your own guru. Only when you learn to seek divinity within yourself, live a disciplined life and follow the advice of your guru, will you find the light within

Mrs. Reena Harry.

PUT THE GLASS DOWN

- A professor began his class by holding up a glass with some water in it.
- He held it up for all to see and asked the students.
- “How much do you think this glass weighs”?
- 50grams!''100 grams!' '125 grams!', the students answered.
- “I really don't know unless I weigh it”, said the professor, 'but my question is what would happen if I held it up like this for a few minutes?”
- Nothing!', said the students.
- Ok, what would happen if I held it up for an hour?' the professor asked.
- Your arm would begin to ache,' said one of the students.
- You are right. Now what would happen if I held it for a day?'
- Your arm would go numb. You might have severe muscle stress and paralysis and may have to go to a hospital for cure,' said another student and all the students laughed.
- Very good, but during all this, did the weight of the glass change?' The professor asked.
- No'
- Then what caused the arm ache and the muscle stress?'
- The students were puzzled.
- Put the glass down.' Said one student.
- “Exactly!' said the professor. 'Life's problems are something like this. Hold it for a few minutes in your head and they seem Ok. Think of them for a longer time and they begin to ache. Hold them even longer and they begin to paralyze you, you will not be able to do anything. Its important to think of the challenges(problems) in your life, but EVEN MORE IMPORTANT is to 'put them down' at the end of every day before you go to sleep. That way, you are not stressed: you wake up every day fresh and strong and can handle any issue, any challenge that comes in your way.

So, put the glass down.

USHA K R
(adapted)

Traffic Awareness Week

Life is precious. We only get one valuable life. But unfortunately many such precious lives are lost in road accidents. The number of deaths in road accidents is alarming.

According to statistics or estimates, in Indore city itself more than 400 people die in road accidents every year. Many of these are the youth.

In order to create awareness among people regarding road safety, the government together with the department of traffic police celebrate Traffic Awareness Week every year in the month of January.

A variety of awareness programmes are conducted in schools, colleges and in public places during this week. They include seminars, workshops, poster making and essay writing competitions, cycle rallies, marathons, plays, skits etc. The CBSE also has made it compulsory to organize such activities in schools.

All these show the need to follow traffic rules strictly and religiously. It is only by following these traffic rules that we can make our roads safe. Let us also pledge to create awareness on road safety and try our best to save precious lives.

MELBIN GEORGE
Class XI C

SWAMI VIVEKANANDA – THE GREATEST PILLAR OF INDIAN THOUGHT

Swami Vivekananda is known for his inspiring speech at the Parliament of the World's Religions at Chicago on 11 September, 1893, where he introduced Hindu philosophy to the west. But this was not the only contribution of the saint. He revealed the true foundations of India's unity as a nation. He taught how a nation with such a vast diversity can be bound together by a feeling of humanity and brotherhood. Vivekananda emphasized the points of drawbacks of western culture and the contribution of India to overcome those. Freedom fighter Netaji Subhash Chandra Bose once said: "Swamiji harmonized the East and the West, religion and science, past and present. And that is why he is great. Our countrymen have gained unprecedented self-respect, self-reliance and self-assertion from his teachings." Vivekananda was successful in constructing a virtual bridge between the culture of East and the West. He interpreted the Hindu scriptures, philosophy and the way of life to the Western people. He made them realize that in spite of poverty and backwardness, India had a great contribution to make to world culture. He played a key role in ending India's cultural isolation from the rest of the world.

JENNEROSE

XI B

THE ROLE OF A TEACHER

The Indian Education Commission of 1964-66 popularly known as Kothari Commission had stated that "the destiny of our nation is being shaped in our classrooms." Allow me to add something more to this and say that the destiny of our classrooms is shaped by the teachers. A teacher is the greatest catalyst of any change. True, India is an old land but a young nation. It is knowledge, skills and capability that can steer this young nation to new heights and pinnacles of success. It is in this context the role of a teacher assumes significance whether it is today or after a few decades. It is the responsibility of the teachers not to let the genext to be unskilled and unprepared for the future ahead. It is heartening to note here that the new Educational Policy of India (NEP 2020) has rightly stressed the need of skill development.

The Prophetic Role of a Teacher: I would look at the role of a teacher at two levels. First every teacher has to play a prophetic role of being a Light to ensure improvements in Literacy as suggested by Lant Pritchett in his excellent book titled 'The Rebirth of Education'. Described as 'Global Learning Crisis' by the UNESCO the literacy levels in developing countries including India is alarming. Further, millions of children cannot read, write or do basic arithmetic although many of them have been in school for some years. The popular Literacy campaign slogan 'Each one Teach one' has not yielded satisfactory results as everybody's work becomes nobody's work. Hence every teacher needs to play the role of Being a Light and we all know that where there is light there cannot be darkness.

A Forerunner: The second role of teachers as I envision is to be forerunner. A teacher should enable and empower his students to search out totally new ways to anchor themselves through troubled times. A teacher should be a forerunner and be able to foresee the perils ahead and prepare the students to steer through the muddy waters. Moreover he should guide them to find meaning to one's life, to search answer to the problems and hone his skills to be healthy and competitive emotionally, intellectually and psychologically.

To conclude a teacher as a 'forerunner' should be willing to learn, unlearn and relearn. As Alvin Toffler puts it "the illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn and relearn"

Thankachan V.T.

DAUGHTER

A strange thing about the world of a Daughter is she is the pride of her father,

She is the wealth of a father.

Takes birth in one family and takes her last breath in the other, that's the daughter of a proud father.

Once she was holding her father's finger and was taught walking, now she is his support, that's the daughter of a proud father.

She fights each and every difficulty of her life and leads a peaceful life;

That's the daughter of a proud father.

For whom her father was her superhero, that's the daughter of a proud father.

UDITA SHARMA

Class - VIII

New Proverbs likely to be included in the English language...

1. A vaccine today keeps the virus away!
2. A sneeze, in time... infects nine!
3. All that snuffles has caught a cold!
4. Home stay is the best policy!
5. One man's mask is another man's poison!
6. An unmasked guy is the Covid's workshop!
6. As you spray, so shall you reap..
7. Better to be poor & healthy than being rich & sick!
8. Curiosity killed the doc!
9. Don't count your chickens before next March!
10. Every cough has its spray!
11. Rome wasn't infected in a day!

Adapated

Mrs. Deepti Das

Vaccination for Shakespeare

William Shakespeare came to get vaccinated.

Nurse: Which arm?

Shakespeare: As you like it

Nurse: Was that painful?

Shakespeare: Much ado about nothing.

Nurse: You will have to have a second jab.

Shakespeare: Measure for measure?

Nurse: So, how was the experience?

Shakespeare: A midsummer night's dream!

Nurse: So what do you think of the govt handling of Covid?

Shakespeare: It's a Comedy of Errors.

Shakespeare now asks the nurse:

Shakespeare: When will my quarantine end?

Nurse: On the Twelfth Night.

Shakespeare: Who will foot my quarantine bill?

Nurse: The Merchant of Venice.

Shakespeare: Where will I be put up for my quarantine?

Nurse: In a Hamlet.

Shakespeare: Thank you for helping me!

Nurse: All's Well That Ends Well.

Adapted

Mrs. Priyanka Upadhyay

The Trip is Too short

A woman climbed up the bus and sat down beside a man, hitting him with her numerous bags. When the man remained silent, the woman asked him why he did not complain when she hit him with her bags ?

The man replied with a Smile:

"There is no need to be upset about something so insignificant,
as our journey together is so short,
because I'm getting off at the next stop "

This answer disturbed the woman so much , she asked the man to excuse her and thought the words needs to be written in gold

Each of us must understand that our time in this world is so short,
that darkening it with useless arguments, jealousy, not forgiving others, discontentment and bad attitudes are a ridiculous waste of time and energy.

Did someone break your heart? Stay calm.

The trip is too short.

Did someone betray you, intimidate, cheat or humiliate you?

Relax - Don't be Stressed

The trip is too short.

Did someone insult you without reason?

Stay calm. Ignore it.

The trip is too short.

Did some one make a comment that you didn't like?

Stay calm. Ignore. Forgive, keep them in your prayers & love them still for no reason.

The trip is too short.

Whatever the problems some bring to us,
it is a problem only if we think of it, remember
that our journey together is too short.

No one knows the length of our trip. No one has seen tomorrow. Nobody knows when it will arrive at its stop.

Our trip together is too short.

Let us appreciate friends and family. Keep them in good humor. Respect them. Let us be respectful, kind, loving & forgiving.

Because we will be filled with gratitude and joy, after all Our trip together is very short.

Share your smiles with everyone.....choose your path to be as beautiful as you wish it to be. 🌸

Adapted

Mrs. Abhilasha Sharma

गिर जाना मेरा अंत नहीं

परमे परवाज़ की शक्ति है , मन में आगाज़ की शक्ति है ,
वो चोच में तिनका डालें , डाली पर दो आँखे तकती है ,
वो परख रही है , तूफ़ा के बाज़ू में कितनी ताक़त है ,
वो देख रही है आसमान में नाम मात्र की राहत है ,
पर लगी साँस जब फूलने तो तूफ़ा ने मौका लपक लिया ,
आसमा की उमीदो को ला धरती पर पटक दिया ,
पर झाड़ रही है धूल परो से , रगो में गज़ब खानी है ,
चोट खाने के बावजूद उड़ने की ललख पुरानी है ,
ग़लत करूंगा साबित सबको , यहां कोई अरिहंत नहीं ,
गिर जाना मेरा अंत नहीं , गिर जाना मेरा अंत नहीं ।
मुखड़े पर धूल लगी माना , माथा फूटा माना लेकिन ,
गालों पर थप्पड़ खाये है , जबड़ा टूटा माना लेकिन ,
माना के आंते अकड़ गई , पसलियों से लहू निकलता है ,
गिस गया है कंकर में घुटना , मिर्च सलिखे जलता है ,
माना के साँसे उखड़ रही , और धक्का लगता धड़कन से ,
लो मान लिया की काँप गया है , पूर्ण बदन अंतर्मन से ,
पर आँखों से अंगारे , नथनों से तूफ़ा लाऊंगा ,
में गिर गिर कर भी धरती पर , हर रोज़ खड़ा हो जाऊंगा ,
मुठ्ठी में बींच लिया तारा , तुम नगर में ढोल पिटादो जी ,
अँधरे हो लाख घने पर अँधरे अनन्त नहीं ,
गिर जाना मेरा अंत नहीं , गिर जाना मेरा अंत नहीं ।

Aarohi sengar

Class 3c

“ मैं भी एक इंसान हूँ ”

किसी पिता की दुबारी, किसी मां की जान हूँ,
कोई खिलौना नहीं, मैं भी एक इंसान हूँ॥

किसी की बेटी बनकर आती हूँ,

किसी की बहन कहलाती हूँ॥

फिर एक दिन, अपना ही घर छोड़कर,

किसी की पत्नी बन जाती हूँ॥

और भी बहुत से रूप हैं मेरे,

जिन से मैं अनजान हूँ,

कोई खिलौना नहीं, मैं भी एक इंसान हूँ॥

कभी झूठी मोहब्बत के नाम पर,

कभी दफ्तर में, कभी काम पर॥

जीने दे, ना बूट मुझे तू,

ना मुझको यूँ बदनाम कर॥

मत सोच कि मैं लड़की हूँ तो,

तेरे कदमों की गुलाम हूँ,

कोई खिलौना नहीं तेरे हाथों की, मैं भी एक इंसान हूँ॥

अवनी कोंगे

कक्षा 10th D

बेटा और बेटी

बेटा वारिस है तो बेटी पारस है,
बेटा वंश है तो बेटी अंश है,
बेटा आन है तो बेटी शान है
बेटा तन है तो बेटी मन है।
बेटा मान है तो बेटी गुमान है
बेटा संस्कार है तो बेटी संस्कृति है,
बेटा राग है तो बेटी बाग है
बेटा दवा है तो बेटी दुआ है।
बेटा भाग्य तो बेटी विधाता है,
बेटा शब्द है तो बेटी अर्थ है।

सताक्षी शर्मा

कक्षा 10th B

प्यार

‘प्यार’! क्या होता है प्यार?

प्यार उगते हुए सूर्य
की किरणों की तरह है,
तो कभी खिले हुए चांद
की चांदनी की तरह है।
कभी गुलाब की
कोमल पंखुड़ियों की तरह है,
तो कभी किसी बंजर ज़मीन
पर उगे कांटों की तरह है।
कभी मोर की सुंदरता,
तो कभी कोयल की मधुर आवाज़।
कभी मां की ममता,
तो कभी पिता का दुलार।
प्यार किसी का भी हो,
चाहे माता-पिता का हो,
दादा दादी का हो,
या नाना-नानी का हो,
यह तो वह आस है,
जो अपनों को अपनों से
जोड़ने का विश्वास है।
सिद्धांत मनीष पंवार

कक्षा 9th B

POWER OF KNOWLEDGE

I believe in the power of knowledge
The importance of truth
The influence of great leaders
The respect of one another
The success of getting things done
But the belief of not trying is not one of my beliefs
I believe in making a change
I believe in coming together
I believe in ending ignorance
And I believe in living our life to the fullest.

NAME: ANIKA SANGAMNERKAM

CLASS: III B

GOLDEN COLLECTION OF PROVERBS

- ❖ Man proposes, God disposes.
- ❖ All is well that ends well.
- ❖ All lay load on a willing horse.
- ❖ All that glitters is not gold.
- ❖ All work and no play makes Jack a dull boy.
- ❖ A bad workman blames his tools.
- ❖ Barking dogs seldom bite.
- ❖ The best fish swim near the bottom.
- ❖ Rome was not built in a day.
- ❖ A bird in the hand is worth two in the bush.
- ❖ Birds of a same feather flock together.
- ❖ Books and friends should be few but good.
- ❖ Blood is thicker than water.
- ❖ Well begun is half done.
- ❖ Brevity is the soul of wit.
- ❖ Burn not your house to fright the mouse away.
- ❖ A burnt child dreads the fire.
- ❖ Call no man happy till he is dead.
- ❖ Charity begins at home.
- ❖ Cleanliness is next to godliness.
- ❖ Clothes do not make the man.
- ❖ Coming events cast their shadows before.
- ❖ Cut your clothes according to your coat.
- ❖ Discontent is the first step in progress.
- ❖ Discretion is the better part of valour.
- ❖ Don't cast pearls before swine.
- ❖ Don't count your chickens before they are hatched.
- ❖ The early bird catches the worm.
- ❖ Empty vessel makes most noise.
- ❖ The end justifies the means.
- ❖ Every cloud has a silver lining.
- ❖ Every horse thinks its own pack the heaviest.
- ❖ Familiarity breeds contempt.
- ❖ A fault confessed is half redressed.
- ❖ A fool and his money are soon parted.
- ❖ Fools rush in where angels fear to tread.
- ❖ Forbidden fruit is the sweetest.
- ❖ Forewarned is forearmed.
- ❖ Fortune favours the brave.
- ❖ God helps those who help themselves.
- ❖ Good fences make good neighbours.
- ❖ Never cry over the spilt milk.
- ❖ The hand that rocks the cradle rules the world.
- ❖ He laughs best who laughs last.
- ❖ He who cannot obey cannot command.
- ❖ He who rides a tiger is afraid to dismount.
- ❖ He who would climb the ladder must begin at the bottom.
- ❖ Health is wealth.
- ❖ A rolling stone gathers no moss.
- ❖ A stitch in time saves nine.
- ❖ As you sow, so shall you reap.
- ❖ United we stand, divided we fall.
- ❖ Look before you leap
- ❖ Laugh and the world laughs with you, weep and you weep alone.
- ❖ Where there is a will, there is a way.
- ❖ History repeats itself.
- ❖ Begin you sail when the wind is fair.
- ❖ Hope for the best and prepare for the worst.

Memories

'The journey of a thousand miles begins with one step'. My twenty five years of journey as a teacher began in Saint Arnold's Hr. Sec School in 1997. It is said -“Time and tide waits for none”, and how true it is! Before I could even realize my long association of 25 years with this esteemed institution, it has slipped out of my life.

I entered this institution as an introvert and very timid. When I was given the middle classes I was not very sure whether I will be a good teacher, and still I do not know whether I have turned out to be one. The loving and caring attitude of mentors like, Rev. Father Cajetan D'mello, Late Rev. Fr. Rayappan, Late Rev. Sr. Anita, Rev. Sr. Julie, Rev. Sr. Agnes and others helped me grow professionally and individually. I would cherish every moment that I had spent in the folds of this grand institution.

When I recall the old memories gushing from within, I hold them close to my heart. I am overwhelmed with a feeling of joy and contentment when I look back to my journey as a teacher.

As a teacher I very strongly believe that a teacher's profession becomes meaningful when I can make a student smile, when I can boost a child's self- esteem and instil confidence in him. If as a teacher I have allowed a child the chance to share his feelings, then I feel that I have made a difference in his life.

My heart swells with awe and wonder when I see the budding lillies transform into delightful independent flowers. I feel proud that I have been a part of this transformation and of this temple of learning.

I conclude, with the quote, “Service is one off life's greatest joys”. It is this service in Saint Arnold's which helped me in sailing through the ups and downs of my life. My special thanks to all the mentors, colleagues and each one who not only helped me but gave me happiness and meaning to my life.

Mrs. Sheesha Jose

कितनी मीठी यादें कितने अच्छे अनुभव जुड़े हैं इस सफर में जिन का बयान चंद शब्दों में करना वाकई असंभव सा लगता है। परमेश्वर की असीम कृपा और आशीष ही थी जिसने इस सफर को पूरा करने में मदद की। इंदौर शहर के विजयनगर क्षेत्र में स्थित एक प्रतिष्ठित संस्थान में अपने जीवन के सर्वश्रेष्ठ और अधिकतम वर्षों का सफर तय करना खुशियों की एक सौगात सा लगता है। इस सफर में विद्यालय प्रबंधन की भूमिका अत्यंत महत्वपूर्ण रही है जिनके सहयोग, उचित मार्गदर्शन और निरंतर प्रोत्साहन से ही यह संभव हो पाया है। साथ ही साथ मित्रों, सहकर्मियों और पारिवारिक सदस्यों का भी समय-समय पर प्यार और सहयोग प्राप्त होता रहा जिससे यह सफर और भी आसान हो गया। वाकई मुझे इस बात पर गर्व महसूस होता है कि गत 25 वर्षों से मैं सेंट आर्नॉल्ड परिवार का हिस्सा हूँ और इस परिवार ने मुझे व्यक्तिगत और व्यावसायिक रूप से प्रगति करने में अपना पूर्ण सहयोग दिया। अतः इस पूरे परिवार का आभार व्यक्त करते हुए मैं अब तक के अपने सफर को कविता की कुछ पंक्तियां में व्यक्त करना चाहती हूँ

आज भी याद है जुलाई 1997 का वह दिन ,
जब enter किया था Arnold campus में उस दिन।
उस दिन थोड़ा घबराए से सोचा ना था ऐसा होगा,
जहाँ की आबोहवा में भी कुछ अहसास अपनेपन का होगा।
था इंदौर शहर नया नया और स्कूल भी था नया-नया,
लेकिन क्या पता था कि खुशी का, सहयोग का हर पल होगा यहाँ।
खूब था जोश, खूब था उत्साह और उमंग जहाँ ,
स्टाफ रूम भी तो ना था घर से कुछ कम यहाँ।
कमेटी में कहाँ होते थे लोग अलग-अलग,
हर कमेटी तो सबकी अपनी ही होती थी।
स्टाफ रूम में कम से कम एक दिन मिलना जरूरी था,
मौज-मस्ती, खाना-पीना, घर की बात करना भी तो जरूरी था।
कह ना न पाऊँ कुछ शब्दों में, क्या नहीं पाया यहाँ,
सुख हो या दुख हो अपनों का साथ ही तो पाया यहाँ।
साँसों पर अवलंबित काया जब चलते-चलते चूर हुई,
दो स्नेह शब्द मिल गए, मिली नव स्फूर्ति थकावट दूर हुई।
गुजरे पल का अहसास नहीं, यादें ही तो जरूरी हैं ,
इतने सालों में रिश्तों की ऐसी डोर ही तो जरूरी हैं।
सीमित पग डग , लंबी मंजिल तय कर लेना कोई खेल नहीं,
लेकिन यहाँ मिले प्यार और सम्मान का भी तो कोई मेल नहीं।
दिल से एहसानमंद है उस खुदा के जिसने हमें क्या कुछ नहीं दिया,
अर्नाल्ड के इस सुंदर प्रांगण में अपनों का जो साथ दिया।
अर्नाल्ड के इस सुंदर प्रांगण में अपनों का जो साथ दिया।

धन्यवाद

Mrs.Kian peter

A GIRL

She can do anything
Never underestimate her,
She can be as hard as rock
And can be as soft as fur.
Never judge her by her looks
Or whatever she wears.
She can kick you
By just her long hair
She first fills your stomach
Sacrificing her food.
Your life without her,
Is like a plant without shoot
No one can compete her
She always wins the race.
You don't even know how many emotions
She hides
But there is always a smile on her face
Always remember her
Never to undervalue her power,
Save her, she is precious
Don't let her die
Because the day you'll know her
Is really gonna make you cry.

REET KAUR AJMANI
X

MY MOM

You are the sunlight in my day.
You are the moon I see far away.
You are the tree I lean away.
You are the one that makes troubles gone.
You are the one who taught me life.
You are the one to show me what is right.
You are the one , who cares for me,
You are the eyes that help me see.
You are the one, who knows me best,
When it's time to have fun or rest.
You are the one, who helps me dream
You are my love, my life, my queen.

AARNA GOYAL
CLASS IV E

Grammar Family

There is a family in London whose surname is Grammar. There is a couple, Mr. Noun and Mrs. Verb. The couple has three children: a son, Pronoun and two daughters, Adverb and Adjective. The son (pronoun) has to do all the work of his father in his absence. The two daughters love each other but there is a difference in them. Adjective loves her father and brother and keeps praising them. Adverb loves her mother more and she always modifies her when there is a need. There are two servants in the family. Preposition and Conjunction. The preposition is the chief servant. He is the official servant of his master. Conjunction is the family servant and looks after every member of the family. The Interjection joins the family in times of joy and sorrow.

IN LOVING MEMORY OF
FR. A. ANTONY SAMY SVD
1967-2021



*"I am the resurrection
and the life" (Jn. 11:25)*

Born : 15-05-1967
Joined SVD : 27-05-1982
First Vows : 11-06-1990
Final Vows : 15-01-1994
Ordained : 04-05-1995
Died : 18-05-2021

ETERNAL REST GRANT
UNTO HIM, O LORD

FOND MEMORIES

Those special memories of you
Will always bring brimful smiles
If only we could have you back
Just to say 'Thank You' for everything.

From a guide to a companion

Your counsels to the teeming teenagers

Your laughter and mastery

Your care, love and memories sweet

Forever we'll remember fondly.

The thought that you're no longer with us

Will always cause us pain.

You'll forever be in our hearts

until we meet again

Dear Fathers and Aunty,

So till then, Good Bye

"And flights of angels Sing thee to thy rest"

St. Arnold's School Family

IN LOVING MEMORY OF
FR. RAYAPPAN CHINNAPPAN SVD
1958-2021



Born : 02-02-1958
Join SVD : 01-06-1977
First Vows : 06-06-1982
Final Vows : 12-06-1987
Ordination : 29.05.1998
Died : 17-04-2022

ETERNAL REST GRANT
UNTO HIM, O LORD

Mrs. Jana Bai Kolhe

Born: 30.05.1965

Died: 14.05.2021



अश्रुपूरित श्रद्धांजलि

वैश्विक कोरोना महामारी से हमारा विद्यालय भी अछूता न रहा। हमारी जना आंटी, शिक्षक/ शिक्षिकाओं के कुछ परिजन तथा हमारे विद्यालय में अध्ययनरत कुछ छात्रों के सिर से उनके माता-पिता का साया उठ गया।

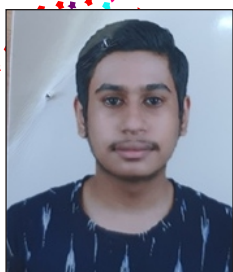
आइए हम सब करबद्ध, नतमस्तक हो ईश्वर से उन सभी लोगों के लिए यह प्रार्थना करें कि-

“हे ईश्वर! उन सभी दिव्य आत्माओं को अपने श्री चरणों में उपयुक्त स्थान प्रदान कर उन्हें जीवन के आवागमन-चक्र से मुक्ति प्रदान करें।” ॐ शांति..... शांति..... शांति

Sr.No.	Name of the Child	Father's Name	Class
1	Ayansh Sharma	Late Mrs. Kavita Sharma	KG-I
2	Melisa Toppo	Late Shri. Meenal Toppo	KG-I
3	Vihan Sha	hLate Shri. Mitesh Shah	1
4	Debina ChandraLate	Shri. Bijoy Bikash Chandra	2
5	Priyanshi Kumrawat	Late Shri. Durgesh Kumrawat	3
6	Nityansh Rai	Late Smt. Kirti Rai	3
7	Aaron Arland	Late Shri. Ashish Arland	3
8	Harshika Gajbhiye	Late Shri. Purushottam Gajbhiye	3
9	Rishabh Kapoor	Late Shri. Rishi Kapoor	3
10	Aksh Jain	Late Shri. Pankaj Jain	4
11	Malavika Rathore	Late Shri. Jeet Singh Rathore	4
12	Saanvi Sharma	Late Shri. Akhilesh Sharma	4
13	Chahna Garg	Late Shri. Brajesh Garg	5
14	Aayushi Rathore	Late Shri. Ajit Rathore	5
15	Kanishka Sharma	Late Smt. Shakti Sharma	6
16	Deepesh Muvel	Late Shri. Vikram Singh Muvel	6
17	Gaurav Sukhdeve	Late Shri. Manish Sukhdeve	6
18	Atharv Singh Sisodiya	Late Shri. Shakti Singh Sisodiya	7
19	Aayushman Rathore	Late Shri. Ajit Rathore	7
20	Ketan Rai	Late Smt. Kirti Rai	7
21	Viraj Saini	Late Shri. Vinay Saini	7
22	Saransh Sawant	Late Shri. Manish Sawant	8
23	Divya Muvel	Late Shri. Vikram Singh Muvel	9
24	Parth Batu	Late Shri. Vijay Batu	9
25	Lakshya Jain	Late Shri. Pankaj Jain	10
26	Vedansh Gupta	Late Shri. Premprakash Gupta	10
27	Sahil Prachand	Late Shri. Rahul Prachand	10
28	Shamit Pius	Late Shri. Rakesh Norbert Pius	10
29	Rudra Sharma	Late Shri. Akhilesh Sharma	10
30	Varun Singh Jakhodia	Late Shri. Bhajanlal Jakhodia	10
31	Anugrah Manish Sukhdeve	Late Shri. Manish Sukhdeve	12



Hindi Debate Competition - Class - XI



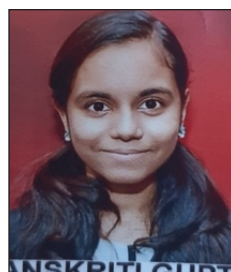
Dushyant singh bhadoriya
1st Position



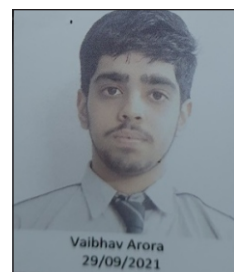
Anshika pandey
1st Position



Harshwardhan sharma
1st Position



Sanskriti gupta
2nd Position



Vaibhav Arora
2nd Position

Hindi Debate Competition - Class - XII



Kanishka choukse
1st Position



Anvi goyal
1st Position



Aanchal Temley
2nd Position



Gouri sharma
2nd Position



Prashansa yadav
2nd Position

English Elocution Competition - XII A



Aanchal Temley
1st Position



Jiya Darwani
2nd Position



Krishna Uprit
3rd Position



Sujeet Paul
3rd Position

English Elocution Competition - XII B



Kanishka Choukse
1st Position



Kartik Jain
2nd Position



Atharv Sisodiya
3rd Position



Tejaswi Sharma
3rd Position

English Elocution Competition - XII C



Tanya Shrivastava
1st Position



Chanchal Agrawal
1st Position



Treesa Jacob
3rd Position



Ruchi Sisodiya
3rd Position

A Celebrity in the offing

Treesa receives best child actress award

MV CORRESPONDENT

Indore

Atmadarshan TV, Indore, has won three awards in the short film category in the Goa International Film Competition 2021.

They include the award for Treesa Anchal Jacob in the child actress category for the short movie TOY. Femina Jacob won the award in the best creative art category and

Nithesh K Das for the tele-film Fr. Pierre Paul Blanck.

Treesa is a 12th class student of St. Arnold's School, Vijaynagar, Indore.

In the Goa International Film Competition 2021 the winner was selected

from among 700 films from 38 countries for film making and creating social awareness through the medium of short films.



Treesa Anchal Jacob
Class - XII C

**Best Child Actress Award at
Goa International Film
Competition-2021**

Poster Making competition Class VI



Pratiksha Singh VI-A



Suhani Solanki VI-B



Arshi Darvai VI-C

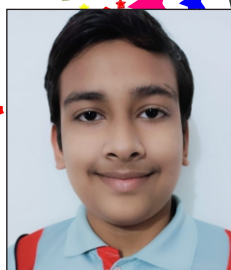


Ranveer Maurya VI - D



Vanika Thakur VI E

Clay Modelling Competition Winners Class VII



Swastik Jain
VII A



Atharva Yadav
VII B



Nidhima Sharma
VII C



Dhawal Jadhav
VII D



Natasha Nagpurkar
VII E

DIYA MAKING COMPETITION WINNERS Class VIII



Anshika Michael VIII A



Naman Raskar VIII A



Manasvi Mudgal VIII B



Unnati Gupta VIII B



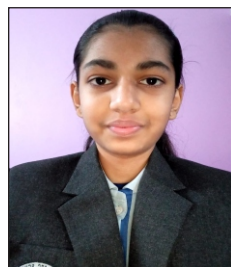
Awadhi Jain VIII C



Daksh Jain VIII D



Saanvi Pande VIII E



Mishti Tale





Class V Winners of Best Out of Waste Competition



Class V Winners of Diya Decoration Competition





Class IV Winners of Folk Dance Competition



Kritika Singh



Yashasvi Soni



Adhyatmika Singh



Ishika Borse



Lakshita Jaimini



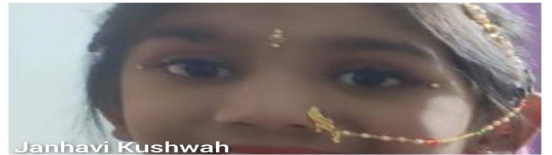
Nishi Takle



Devrat kushwah



Saloni Borse



Janhavi Kushwah



Netranjana Singh



Lakshita agrawal



Saanvi Sharma



Pamika Rathore



Class III Winners of English Story Telling Competition



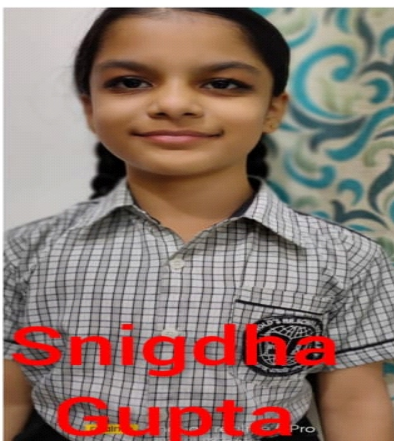
Riddhima Jain



Hiya Ahuja



Needeesha
Tiwari



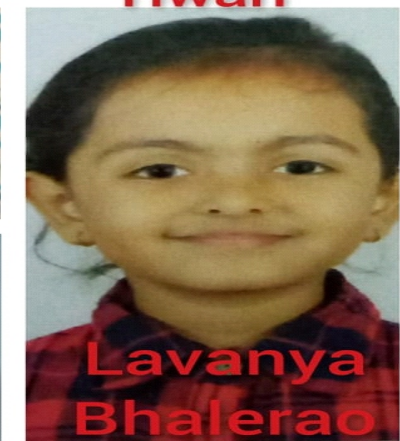
Snigdha
Gupta



Satvik
Gupta



Manasa
Jain



Lavanya
Bhalerao



Samraddhi
Rathore



Eiden j
George



Agamya
Gupta

Class II Winners of Fancy Dress Competition



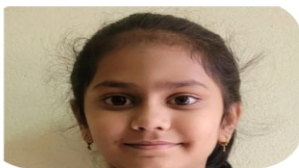
Anyee Gurjar



Aarna Lakhera



Rudra pratap



Purvanshi Sirsat



Anvesha Joshi



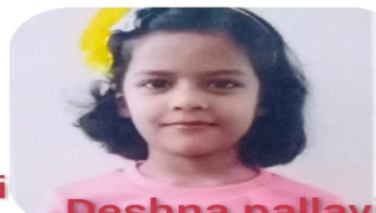
Vihana Verma



Shaurya BIRTHARE



Aarav Goswami



Deshna pallavi

Class I Winners of English Handwriting Competition



AABYA MISHRA



JAI PANDE



VISHAL RACHUVANSHI



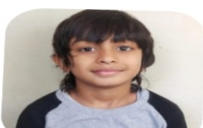
KALP NAGAR



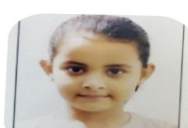
ANUSHA BHATNAGAR



PRANISHA PRATAP



VIDRA BANSAL



SANVI SRIVASTAVA



PRINCE SHARMA



AADHYATMI

Inter School Competition Winners



Shreya Simraiya- IV C, participated in 6th India Open International Taekwondo Championship 2022 held at Jaipur rajasthan and won a Gold medal.



Vaibhavi Shrivastava V D participated in Sahodaya Inter School Story Telling Competition in Cluster 4 and secured the Best Performance Award.

Vaibhavi Shrivastava V D, participated in Sahodaya Inter School Story Telling Competition in Cluster-4 and secured the Best



Arnav Shegaonkar secured 12th position in UCMAS State level.



Sanskar Gupta, V-A achieved Bronze medal in National Taekwondo Championship



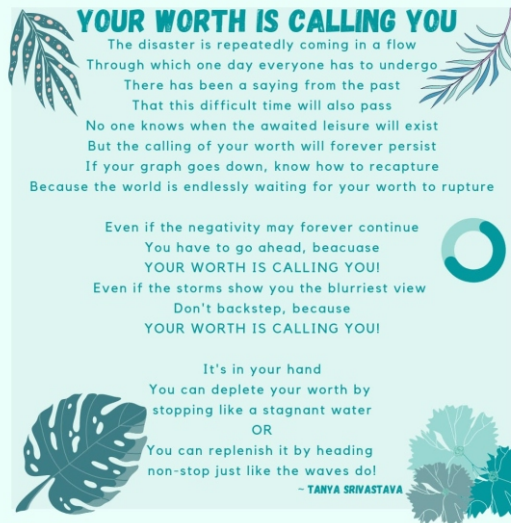
Rudra Pratap Singh participated in MP State Rollers Skating Championship 2021-22 and won Gold medal in 100 mtr. Silver medal in 500 mtr. and Silver in 1000 mtr,



Lata Nimgokar won 1st position in "All MP marathi Natya Chhata Competition"

Lata Nimgokar won 1st position in "All MP marathi Natya Chhata Competition"

Runner-up of the 2nd National Debate Competition 2020-2021



**Poem Published By
Writer's Pocket in Dream Catcher.**



**Taniya Shrivastava
XII C**

**A Poet And A
Debator in the making**



**Yuvraj Singh Parihar VI-A
Winnder Sahodaya
Interschool Photography**

Academic Toppers 2019-2020

PCM Toppers

- | | | |
|----|-----------------|-------|
| 1. | Khushi Sachan | 94.6% |
| 2. | Vansh Kathnawal | 94.4% |
| 3. | Suhani Jhawar | 91.6% |

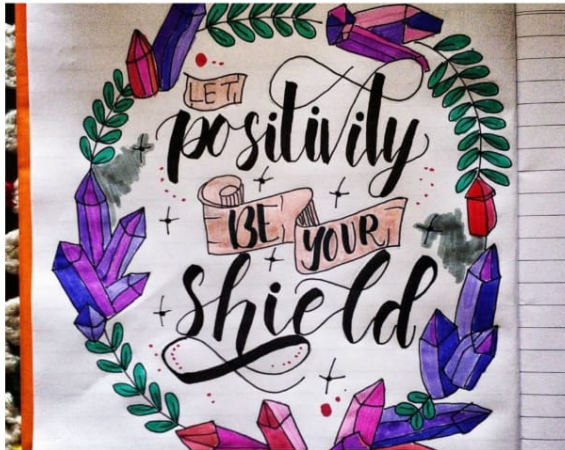
BIO Toppers

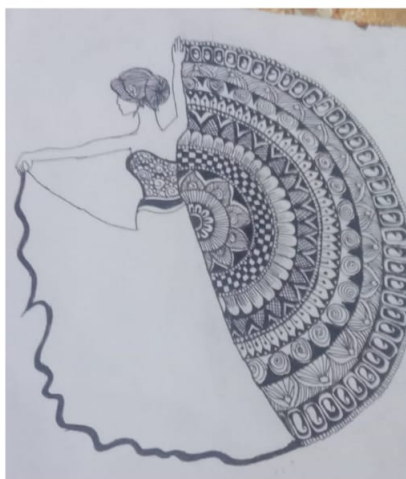
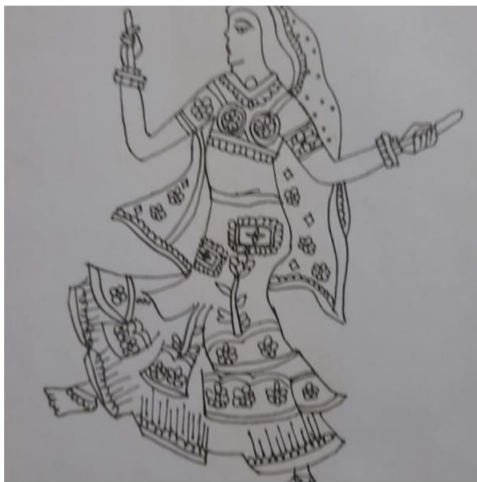
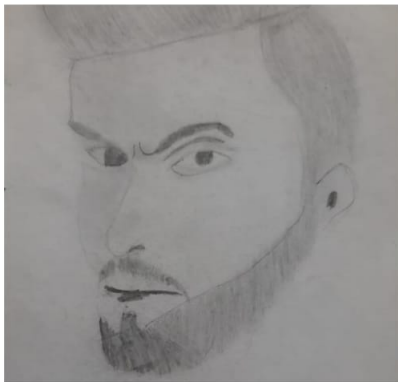
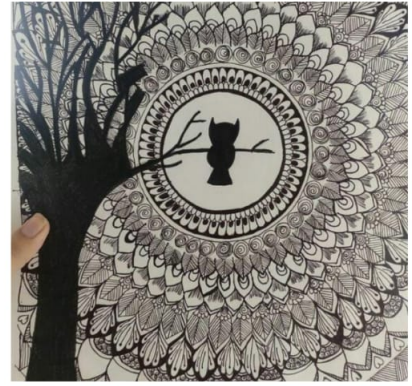
- | | | |
|----|---------------|-------|
| 1. | Anushka Wase | 91.8% |
| 2. | Merin P Moncy | 91.2% |
| 3. | Rashi Parmar | 88.2% |

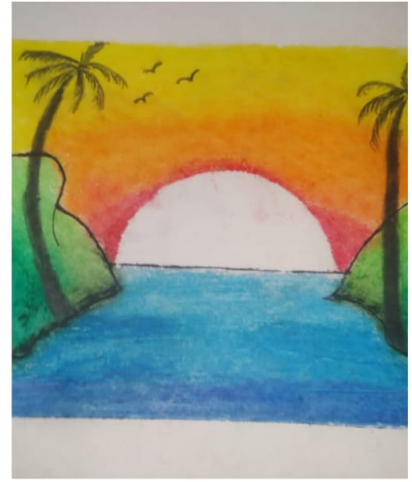
Commerce Toppers

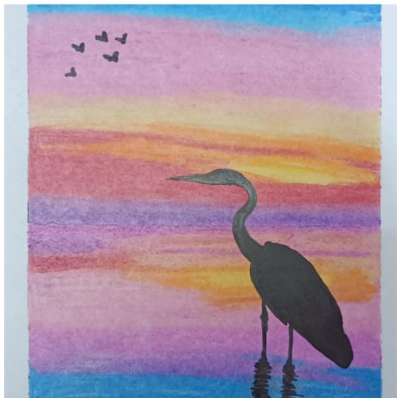
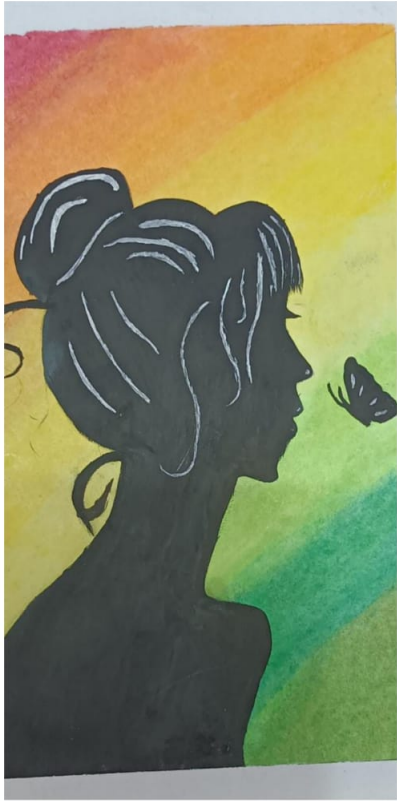
- | | | |
|----|-------------------|-------|
| 1. | Akshat Jain | 93.8% |
| 2. | Vedanshi Gangrade | 92.8% |
| 3. | Diwanshi Nimje | 90.8% |

Artistic Skills of Arnoldians









St. Arnold's Higher Secondary School, 74/C, Vijaynagar, Indore-M.P.
TOPPERS of CBSE Class-X (2020-2021)

Heartiest Congratulations & Best Wishes to all of you



Mukul Prasad
(95.0%)



Kaushiki Vashisth
Basedia (94.6%)



Ayushi Baranwal
(94.4%)



Prem Sharma
(94.4%)



Kalash Jain
(94.0%)



Karthika
Sreelakshmi
(93.4%)



Aniruddh Kushwah
(93.2%)



Shubham Jain
(93.0%)



Shruti Mishra
(92.8%)



Chirag Motwani
(92.4%)



Shruti Pancholi
(92.0%)



Mukul Rajurkar
(91.8%)



Khushi Mokati
(91.8%)



Tanish Chhalotre
(91.8%)



Disha Juneja
(91.8%)



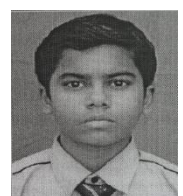
Dhavi Soni
(91.6%)



Rudransh Verma
(91.2%)



Anushka Sengar
(91.2%)



Mohit Parihar
(91.2%)



Amit Sharma
(91.2%)



Pragy Mittal
(91.0%)



Divyansh Khandelwal
(90.8%)



Sarthak Gupta
(90.8%)



Vedansh Gupta
(90.2%)



Anju Mary Vinod
(90.0%)



Shalvi Sharma
(90.0%)



Priyansh Sahu
(90.0%)



Mitanshi Malviya
(90.0%)



Purvi Daga Jain
(90.0%)

St. Arnold's Higher Secondary School, 74/C, Vijaynagar, Indore-M.P.
TOPPERS OF CBSE Class-XII (2020-2021)

Heartiest Congratulations & Best Wishes to all of you

Maths Stream



SHAILEE BAGHEL
(95.6%)



RITIKA DASHORE
(95.2%)



UDIT SURVE
(92.6%)

Bio Stream



ISHITA GOUR
(95.0%)



JHALAK GUPTA
(92.6%)



SATVIK GUPTA
(91.8%)

Commerce Stream



AROHI ARZARIA
(95.6%)



ANISH PANDEY
(95.4%)



YASHASWI SHARMA
(94.6%)

SCHOOL ANTHEM

Saint Arnold our great Patron.
We glory in your name
So fill our school with glory,
Courage, Strength and Fame. (2)
Your motto "Let your light shine," (3)
Your virtues we uphold
We Pledge that we will be loyal,
We love your heart of gold.
So fill our hear with Kindness,
And always be our guide
And serve you till the end.
Serve you till the end.

