Practice Worksheet 3

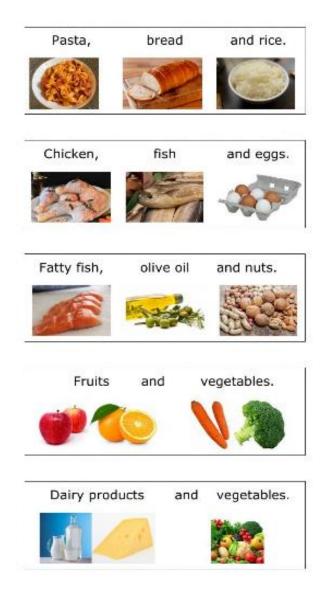
Lesson 3-Where Food Comes From

(This worksheet is made for the better understanding of the topic by the students...There is no need to purchase any separate book or material for the same. Children have to solve the worksheets in their rough copy and only the answers have to be written.)

Q.1 Match the following:



- 2. VITAMINS
- 3. CARBOHYDRATES
- 4. MINERALS
- 5. FATS



Q.2 Unscramble the following words and write them correctly:						
1. LNATSP		2. UITFRS	3. SEC	CPIS		
4. MALINA	.S	5. SEPULS	6. TR	IUNTENS		
0.45004						
Q.3 Fill in the blanks using correct word from the box:						
Animals,	bees, plants,	healthy and acti	ive, plants and	animals		
1. Food we	eat comes from	1	and	·		
2 Food is required to keep our body and						
3 We get fruits and vegetables from						
4 give us milk, meat and eggs.						
5 Honey is made from nectar of flowering plants by						
Q4.Identify the sources of the below mentioned food items and classify them in the box given:						
Chee	se	Pepper		Groundnut		
Moong	dal	Fish		Wheat		
Mea	ıt .	Banana		Honey		

Food from plants	Food from animals

ANSWER KEY

(This is for the reference of the parents, please do not share it with children. Let them solve this worksheet by themselves.)

Q1. Match the following:

- 1. Proteins Chicken, fish and eggs
- 2. Vitamins Fruits and vegetables
- 3. Carbohydrates Pasta, bread and rice
- 4. Minerals Dairy products and vegetables
- 5. Fats Fatty fish, Olive oil and nuts

Q.2 Unscramble the following words and write them correctly:

- 1. PLANTS 2. FRUITS 3. SPICES
- 4. ANIMALS 5. PULSES 6. NUTRIENTS

Q.3 Fill in the blanks using correct word from the box:

- 1. plants and animals
- 2. healthy and active
- 3. plants
- 4. Animals
- 5. bees

Q.4 Identify the sources of the below mentioned food items and classify them in the box given:

Food from plants	Food from animals
1. Cheese	1.Pepper
2. Fish	2.Groundnut
3. Meat	3.Moong dal
4. Honey	4.Wheat
	5.Banana
